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## The Role of Some Enzymes and Vitamin C in Diagnosis of Ovarian Cancer in Iraqi Patients

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### Abstract:

Ovarian cancer stands out as the most lethal gynecological cancer, characterized by its aggressive nature, which is largely attributed to the fact that it is often diagnosed at a late stage. Patients with ovarian cancer, particularly those with early-stage tumors, currently face challenges in obtaining a clear and efficient pre-surgical diagnosis. This paper aimed to determine the role of acetyl-CoA carboxylase, fatty acid synthase, matrix metalloproteinase-14, and Vitamin C in patients with ovarian cancer. One hundred patients diagnosed with ovarian cancer at Al-Amal Hospital for Radiation and Nuclear Medicine and Oncology Teaching Hospital at Baghdad Medical City aged from 35 to 65 years were included in this study, divided into 50 patients untreated as a group I, and 50 patients treated as group II and 40 healthy women as a control group. The findings revealed a notable increase in the concentrations of acetyl-CoA carboxylase, fatty acid synthase, and matrix metalloproteinase-14 ( $P$ -value  $<0.0001$ ) among patients with ovarian cancer compared to the control group. In contrast, vitamin C concentration was significantly lower than in the control group, ( $P$ -value  $<0.0001$ ). A receiver operating character curve analysis showed a high sensitivity according to the area under the curve. The present results conclude that acetyl-CoA carboxylase, fatty acid synthase, and matrix metalloproteinase-14 can be used as biomarkers for early-stage detection diagnostic markers for ovarian cancer.

**Keywords:** Ovarian cancer, Acetyl-CoA carboxylase, Fatty acid synthase, Matrix metalloproteinase-14, Vitamin C.

## دور بعض الانزيمات وفيتامين ج في تشخيص سرطان المبيض في المريضات العراقيات

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### الخلاصة:

يبرز سرطان المبيض كأكثر أنواع السرطان النسائية فتكاً، وينتسب بطبيعته العدوانية، وهو ما يعزى إلى حد كبير إلى أنه غالباً ما يتم تشخيصه في مرحلة متقدمة. يواجه مرضى سرطان المبيض، وخاصة أولئك الذين يعانون من أورام في مراحل مبكرة، تحديات في الحصول على تشخيص واضح وفعال قبل الجراحة. هدفت هذه الورقة إلى تحديد دور أسيتيل-CoA كربوكسيلاز، سينثاز الأحماض الدهنية، والميتالوبروتيناز المادة الخلالية-14، وفيتامين ج في مرض سرطان المبيض. مائة مريض تم تشخيصهم بسرطان المبيض في مستشفى الأمل للأشعية والطب النووي ومستشفى الأورام التعليمي في مدينة الطب ببغداد تتراوح أعمارهم

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بين 35 و 65 عاماً شملهم هذا الدراسة، مقسمين إلى 50 مريضاً غير معالجين كمجموعة أولى، و 50 مريضاً معالجين كمجموعة ثانية و 40 امرأة سليمة كمجموعة ضابطة. كشفت النتائج عن زيادة ملحوظة في تركيزات أسيتيل-CoA كربوكسيلاز، ودهون الأحماض الدهنية، والميتألوبروتيناز المادة الخلية-14 (قيمة  $P < 0.0001$ ) بين مرضى سرطان المبيض مقارنة بمجموعة التحكم. على النقيض، كانت تركيزات فيتامين ج أقل بكثير مقارنة بمجموعة التحكم، ( $P < 0.0001$ ). أظهر تحليل منحني التشغيل التلقائي حساسية عالية وفقاً لمساحة تحت المنحني. تخلص النتائج الحالية إلى أن أسيتيل-CoA كربوكسيلاز، سينثاز الأحماض الدهنية، والميتألوبروتيناز المادة الخلية-14 يمكن استخدامها كعلامات حيوية للكشف المبكر عن سرطان المبيض.

## Introduction

Ovarian cancer is a significant public health challenge, claiming the lives of approximately 207,000 women worldwide annually out of the 314,000 who are diagnosed with the condition each year[1,2]. According to the Global Cancer Observatory (GCO) of the World Health Organization (WHO), ovarian cancer (OC) fatalities and cases are projected to increase globally by 36% and 47%, respectively[3]. One of the ten cancer types most common in Iraq, according to the Iraqi Cancer Registry 2016, is OC[4]. The OC is a cancer that starts in the ovaries, the female reproductive organs that produce eggs [5]. Despite multiple treatment options, the five-year survival rate is still very low. Ovarian cancer is often not diagnosed until it has expanded to other body parts, due to the non-specific symptoms that are often attributed to other conditions[6]. Additionally, there is currently no effective screening test for OC, which can also contribute to delays in diagnosis[7]. Clearly, early detection and treatment can improve the chances of survival [8].

Lipid metabolism, encompassing the synthesis, breakdown, and absorption of lipids from the environment, holds paramount significance in normal cellular biology and is essential in the genesis of pathological states, such as cancer [9]. In the case of ovarian tumorigenesis, lipids are dynamic and contribute to the growth of cancer cells as well as the suppression of the immune system[9,10].

Long-chain saturated fatty acids are produced by the fatty acid synthase (FAS) through the conversion of acetyl-CoA to malonyl-CoA, which is induced by the acetyl-CoA carboxylases (ACC) [11]. The FAS is an enzyme involved in synthesizing fatty acids, which are essential components of cell membranes and play important roles in various cellular processes[12]. Emerging evidence suggests that FAS may play a crucial role in the development of OC[13]. Matrix metalloproteinase-14 (MMP14), is an enzyme that plays a role in the breakdown of extracellular matrix during regular physiological processes like tissue regeneration, reproduction, and embryonic development[14]. It has also been implicated in various pathological conditions, including cancer. In the context of OC, MMP14 is overexpressed in OC tissues and is associated with tumor progression, invasion, and metastasis [15]. Research indicates that MMP14 is involved in facilitating the invasion of OC cells through the extracellular matrix and in promoting the formation of new blood vessels to support tumor growth[16]. Ascorbic commonly known as Vitamin C, is an essential water-soluble nutrient that humans cannot synthesize because a crucial enzyme in the biosynthetic pathway has been lost[17]. The vitamin C is used in the prevention and treatment of a broad spectrum of conditions, involving diabetes, stroke, COVID-19, atherosclerosis, glaucoma, heart disease, macular degeneration, and cancer[19]. The objective of this study was to biochemically analyze the levels of enzymes such as acetyl-CoA carboxylase, fatty

acid synthase, matrix metalloproteinase-14, and vitamin C levels in women with ovarian cancer.

## 2. Materials and Methods

### 2.1 Study design

This case-control study was conducted between 1 January 2023 and 1 June 2023 at Al-Amal Hospital for Radiation and Nuclear Medicine and Oncology Teaching Hospital at Baghdad Medical City. The study population consisted of 100 OC patients with age ranged between 35 and 65 years divided into two groups, untreated (group I) and treated (group II) with Taxol chemotherapy. In addition, 40 healthy females served as a control group, and the patient's verbal consent was written and documented in the questionnaire. The study excluded patients with congenital adrenal hyperplasia, diabetes, hyperprolactinemia, renal impairment, thyroid disorders, hypertension, and chronic smoking. The necessary permissions were acquired from the at Al-Amal Hospital for Radiation and Nuclear Medicine and Oncology Teaching Hospital at Baghdad Medical City and were approved by the institutional ethics council of Al-Nahrain University, College of Science (Reference Number COB 3298/2022). The subjects provided informed consent and/or agreement.

### 2.2 Blood samples procedures

Blood samples were collected from the subjects, and processed according to established protocols under the supervision of Chemistry Department, College of Science, Al-Nahrain University, Baghdad. In brief, using a disposable syringe, 5ml of blood was drawn by venipuncture in tubes having a clot activator. The tubes were centrifuged for 10 minutes at  $0.31304 \times g$ , according to the equation  $G = (1.118 \times 10^{-5}) \times R S$  Where :\*R is the radius of the centrifuge, \*S is the momentary speed, and the serum that was isolated was subsequently moved to Eppendorf tubes. For sample integrity, all tubes have been kept at  $-20^{\circ}\text{C}$  until analysis.

### 2.3 Enzymes and Analytical Assessment

The concentrations of ACC, FAS, MMP-14, and vitamin C were determined using the commercially available enzyme-linked immunosorbent assay ELISA kits, which company and origin for all kits are, (CUSABIO\USA, ASSAY Genie \Ireland, ASSAY Genie \Ireland, Sunlong\ China), respectively.

The quantitative sandwich enzyme immunoassay technique involves binding ACC, Human FAS, MMP-14, and Vitamin C to a microplate using pre-coated antibodies, biotin-conjugated antibodies, avidin-conjugated Horseradish Peroxidase, and a substrate solution. The color develops proportionally to the bound amount, and absorbance is measured at 450 nm.

### 2.4 Statistical Analysis

Data were analyzed using GraphPad Prism Software, version 8.0.2 (San Diego, California, USA). The mean values across the three groups were compared using a one-way analysis of variance (ANOVA). The data have been considered significant at  $p \leq 0.05$  [20]. The receiver operating characteristic (ROC) curve was analyzed to determine whether the markers could accurately predict a disease. The AUC has been used to compare the markers.

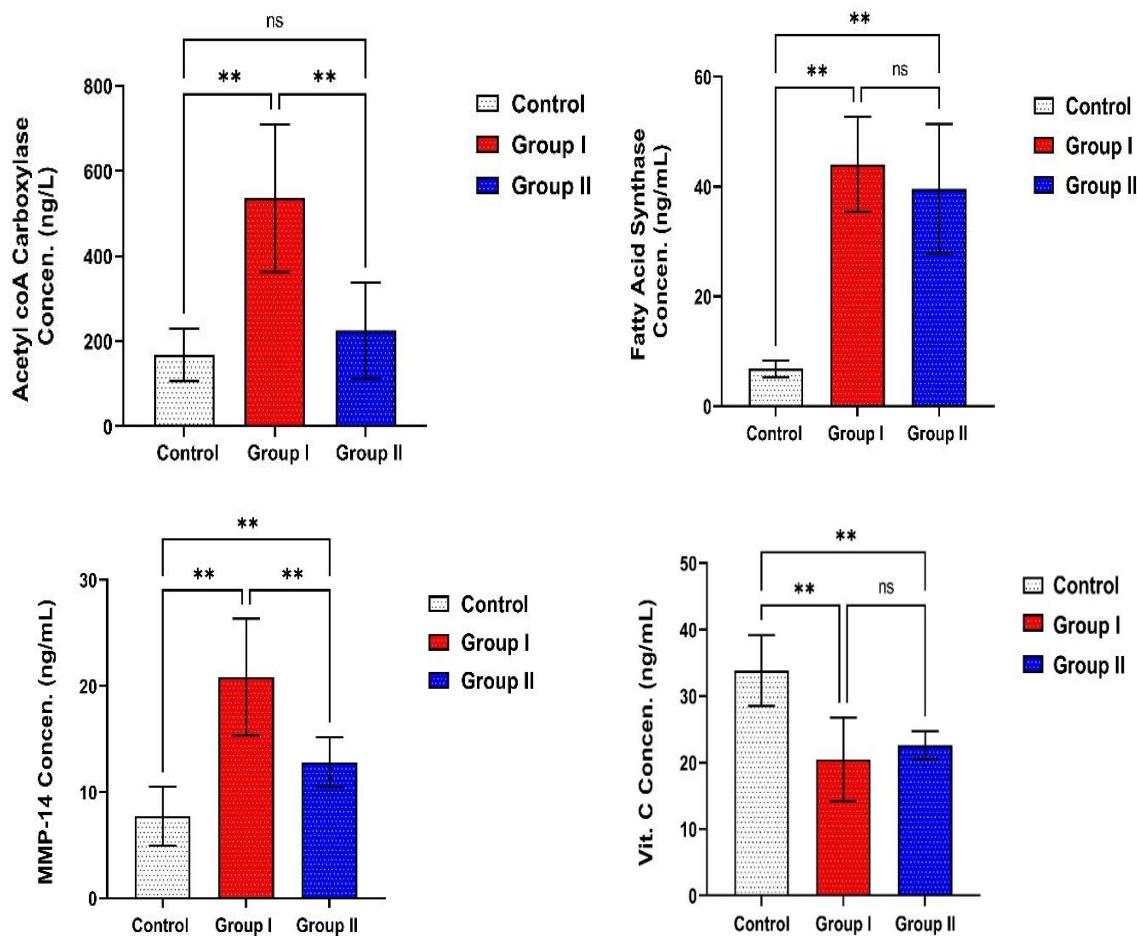
## 3. Results and Discussion

The descriptive findings for the patients with OC in groups I (untreated), II (treated), and control are summarized in Table 1.

**Table 1:** Assessment of serum level acetyl-CoA carboxylase, fatty acid synthase, matrix metalloproteinase-14, and vitamin C in ovarian cancer patients and control group.

Variable	mean value $\pm$ SD			P-value (Anova)
	Control	Group I	Group II	
Acetyl-CoA carboxylase ng/L	167.80 $\pm$ 62.10	536 $\pm$ 137.3 <sup>a</sup>	225.0 $\pm$ 112.9 <sup>c</sup>	<0.0001 **
Fatty acid synthase ng/mL	1.52 $\pm$ 1.50	44.07 $\pm$ 8.62 <sup>a</sup>	39.59 $\pm$ 11.82 <sup>b</sup>	<0.0001 **
Matrix metalloproteinase-14 ng/mL	7.73 $\pm$ 2.78	20.84 $\pm$ 5.51 <sup>a</sup>	12.83 $\pm$ 2.35 <sup>b,c</sup>	<0.0001 **
Vitamin C ng/mL	33.84 $\pm$ 5.30	20.50 $\pm$ 6.30 <sup>a</sup>	22.60 $\pm$ 2.09 <sup>b</sup>	<0.0001 **

Sig. \* $P < 0.05$ ; high Sig. \*\* $P < 0.001$ ; no sig:  $p > 0.05$ . a: control vs group I, b: control vs group II, c: group I vs group II

**Figure 1** a- The concentration of a- acetyl coA carboxylase (ng/L), b- fatty acid synthase (ng/mL), c- matrix metalloproteinase-14 (ng/mL), d- vitamin C (ng/mL) in the control group, group I (untreated), and group II (treated).

The mean  $\pm$  SD of ACC in patients of OC group I was found to be significantly high (536 $\pm$ 137.3 ng/L) in contrast to the level recorded in the control group (167.80 $\pm$ 62.10 ng/L), as illustrated in Figure 1-a, whereas, the result showed no significance between control and group II (P-value = 0.1046), as shown in Figure 1-a.

These results are consistent with other studies that concluded that have found acetyl-CoA carboxylase levels to be associated with initiation and progression of multiple malignancies [21]. Tumors exhibit a high energy flux and a strong reliance on the synthesis of fatty acids. As a result, blocking ACC has become more and more common as a cancer therapeutic[11,22].

Weijing He and his colleagues found that the expression level of ACC *in vitro* impacts cell migration and lipogenesis in OC[23]. Therefore, acetyl-CoA carboxylase levels may serve as a valuable biochemical marker, in conjunction with clinical and histopathological findings for monitoring ovarian cancer patients after surgery and chemotherapy. Additionally, elevated levels of this enzyme could help predict the probability of developing OC for women who have a high index of the enzyme.

The results of serum FAS in patients of OC group I( $44.07 \pm 8.62$  ng\mL) and group II ( $39.59 \pm 11.82$  ng\mL) were found to be significantly high compared to the control group's mean value ( $1.52 \pm 1.5$  ng\mL), as illustrated in Figure 1-b. Whereas, the result showed no significance between group I and group II (P-value = 0.0518), as shown in Figure 1-b. Therefore, the result obtained in this research is consistent with the results of other studies, which stated that the synthesis of new fatty acids is the basis for the majority of cancers [24,25]. Especially, increased fatty acid levels are linked to an increased risk of cancer because they regulate multiple biological processes, such as preserving the integrity of cancer cell membranes and converting oncogenic signals [26]. Yoon and Lee reported that FAS is over-expressed in OC cells compared to normal ovarian tissue[27]. Multiple malignancies are associated with upregulated levels of FAS and de novo fatty acid synthesis, like breast, lung, prostate, pancreatic, liver, gastric, and ovarian[28,29]. Additionally, Recent studies have indicated that alterations in the metabolism of fatty acids could be significant in the pathogenesis and aggressiveness of OC and that OC can be inhibited in its growth by suppressing FAS[27,28,30]. Thus, FAS represents a potential target for cancer treatment. Figure 1-c illustrates the serum levels of MMP-14 in group I and group II were found to be significantly high respectively ( $20.84 \pm 5.51$  ng\mL) ( $12.83 \pm 2.35$  ng\mL) compared to the mean value observed in the control group ( $7.73 \pm 2.78$  ng\mL). MMP14 is involved in the degradation of the extracellular matrix a process that occurs during both healthy and pathological processes, including cancer and inflammatory motion[15]. MMP-14 acts at the level of tumor cells, producing intracellular effects at the level of the nucleus[31], epithelial-mesenchymal transition and proliferation[32], and even the tumor microenvironment, contributing to invasion, angiogenesis, and metastasis[33]. Recently, MMPs have been identified as biomarkers in many fields, including diagnosis, monitoring, and treatment efficacy[34,35]. Hua et al. reported that membrane-type 1 matrix metalloproteinase (MT1-MMP/MMP-14) was highly expressed in malignant tumor cells like atypical teratoid rhabdoid tumor (ATRT) and suggested that inhibition of MMPs may reduce the aggressiveness of cancer cells[36]. The results obtained from this work may support our knowledge and our conclusion about the effect of MMP-14 on human malignant tumors and their biomarkers for effective diagnosis and treatment.

Table 1 shows the serum level of vitamin C in patients of OC group I and group II and it was found to be significantly low respectively ( $20.50 \pm 6.30$  ng\mL) ( $22.60 \pm 2.09$  ng\mL) in contrast to the control group's mean value ( $33.84 \pm 5.30$  ng\mL), as illustrated in Figure 1-d. Whereas, the result showed no significance between group I and group II (P-value =0.1390). The result obtained in this research is consistent with the results of other studies that describe the function of vitamin C and how it affects cancer cells. B. Abiri et al explain how vitamin C

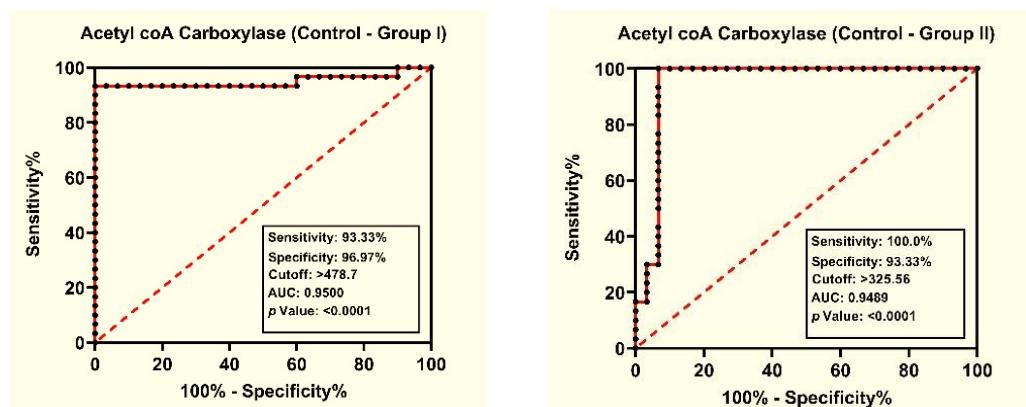
may be used to prevent and treat cancer, but state that the evidence is still inconclusive [37]. In addition, J. Hunyady also notes that vitamin C deficiency is common in cancer patients, and receiving large doses of vitamin C intravenously may improve quality of life and alleviate symptoms [38]. However, additional clinical trials necessary to assess the effectiveness of high-dose vitamin C as a cancer adjuvant treatment [39]. A recent study has reported that vitamin C has potential novel functions in regulating anticancer immunity [40]. Kamranikheiri and Kosar reported that vitamin C and citrus sinensis fruit extract have potent anticancer effects [41].

### Receiver Operating Characteristic

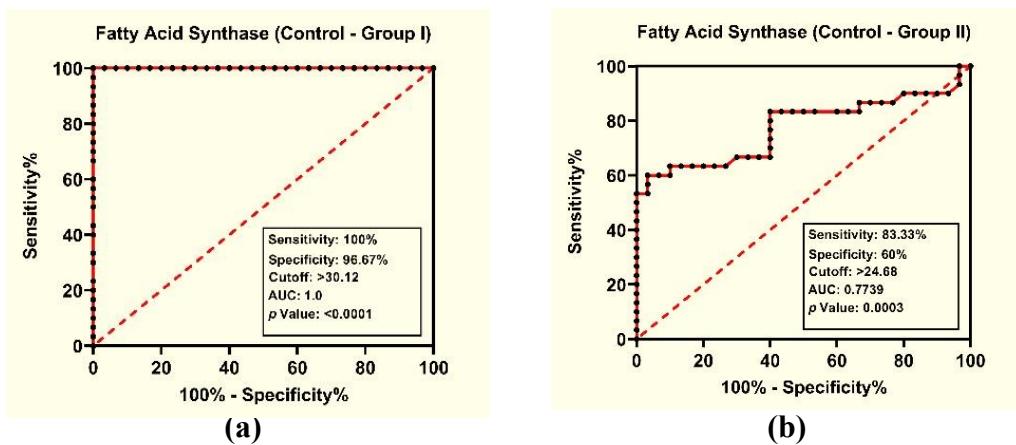
The Receiver Operating Characteristic (ROC) was performed to assess the diagnostic significance of ACC, FAS, MMP14, and vitamin C. The AUC in ROC analysis indicates the test's advantage. The results are tabulated in Table 2 and Figures 2,3,4 and 5 respectively.

**Table 2:** Diagnostic criterion values and coordinates of ROC curve analysis for ACC, FAS, MMP14, and vitamin C in the differentiation of study groups.

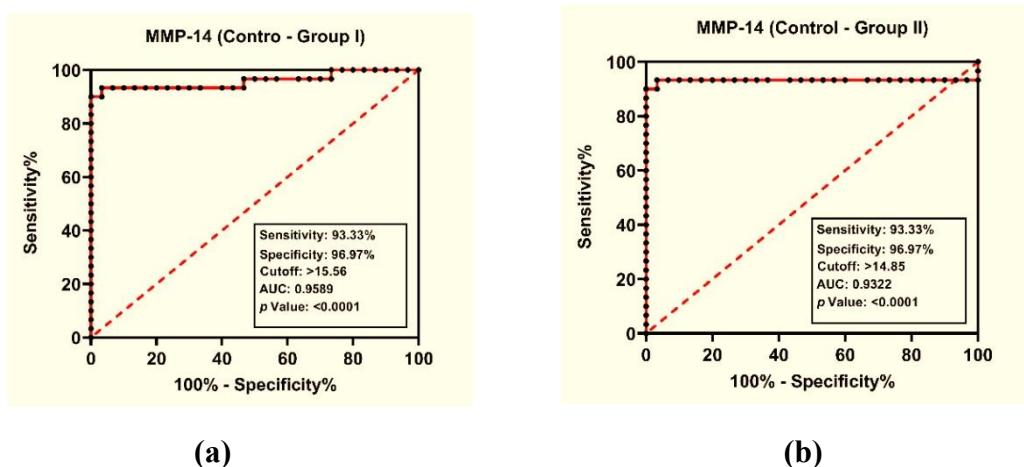
Parameters	Type of correlation	AUC	Sensitivity	Specificity	Cut-off value	P-Value
Acetyl-CoA carboxylase ng\mL (ng\mL)	control vs group I	0.9500	93.33%	96.97%	>478.7	<0.0001
	control vs group II	0.9469	100.0%	93.33%	>325.56	<0.0001
Fatty acid synthase ng\mL	control vs group I	1.0	100%	96.67%	>30.12	<0.0001
	control vs group II	0.7739	83.33%	60%	>24.68	<0.0003
Matrix metalloproteinase 14 ng\mL	control vs group I	0.9589	93.33%	96.97%	>15.56	<0.0001
	control vs group I	0.9322	93.33%	96.97%	>14.85	<0.0001
Vitamin C ng\mL	control vs group I	0.9773	95.5%	86.4%	>31.87	<0.0001
	control vs group I	1.0	100. %	95.5%	>24.91	<0.0001



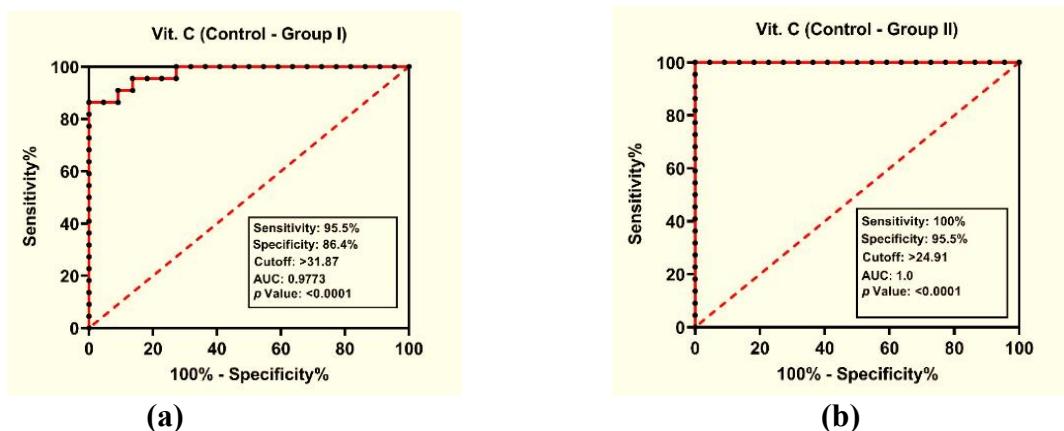
**Figure 2:** The ROC analysis of a- acetyl-CoA carboxylase in group I patients vs control b- acetyl-CoA carboxylase in group II patients vs control showing the AUC, p-value, sensitivity, specificity, and cut-off.



**Figure 3:** The ROC analysis of a- fatty acid synthase in group I patients vs control b- fatty acid synthase in group II patients vs control showing the AUC, p-value, sensitivity, specificity, and cut-off.



**Figure 4:** The ROC analysis of a-matrix metalloproteinase-14 in group I patients vs control b-matrix metalloproteinase-14 in group II patients vs control showing the AUC, p-value, sensitivity, specificity, and cut-off .



**Figure 5:** The ROC analysis of a-vitamin C in group I patients vs control b- b-vitamin C in group II patients vs control showing the AUC, p-value, sensitivity, specificity, and cut-off.

The findings indicated that ACC, MMP-14, and vitamin C exhibited a high AUC in both control vs group I and control vs group II with a (P-value <0.0001). Based on the sensitivity and specificity measures, these markers demonstrated high sensitivity and specificity as shown in Table 1. These results indicate that ACC, MMP14, and vitamin C have a high level of specificity and statistical significance in detecting ovarian cancer. Furthermore, FAS occupied a significant AUC=1.0 in control vs group I, and the sensitivity and specificity were 100% and 96.67% respectively. Conversely, it showed a moderately significant prognostic value with AUC=0.7739 in control vs group II and sensitivity and specificity of 83.33 and 60 achieved at a cut-off value of >24.68.

## Conclusion

The findings revealed that serum levels of ACC, FAS, and MMP-14 were significantly elevated in OC patients. In contrast, vitamin C levels were found to be lower in OC patients compared with controls. These findings suggest that the measurement of the concentration of these enzymes (ACC, FAS, MMP14), and vitamin C may have a diagnostic importance and potentially function as a prognostic indicator of ovarian carcinogenesis.

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